What is a GP?

A GP is a local family doctor. You need to register with a GP as soon as you can when you arrive in England so you can see the GP when you are sick.

What does it cost?

There is no charge to register with a GP in England. Once you are registered, there is also no charge to see your GP. If your GP decides that you need medicine, you will receive a prescription.

To get your medicine, take the prescription to any pharmacy. If you have been issued with an HC2 certificate, you will not be charged for the medicine. You should show this to the staff at the pharmacy and also tick the correct box on your prescription.

Do I need ID to register?

You do not have to provide ID when registering with a GP, but it is helpful to do so. It is helpful if you can provide at least one of the documents below when registering with your GP:

- Passport
- Birth certificate
- Biometric residence permit
- Travel document
- HC2 certificate
- ARC card
- Utility bill

If you want more information about the HC2 certificate you can contact Help with Health Costs on 0300 330 1343 or go onto the following website at www.nhsbsa.nhs.uk/1125.aspx

If you need to see a GP, but have difficulty speaking or understanding English, tell the staff at the GP surgery. They will be able to arrange an interpreter. You will not be charged for this service.

Finding a doctor

Before you register, contact the GP surgery to confirm that it covers the address where you are living or staying temporarily.

You can register with any GP in your local area as long as they have space for new patients. You can also get help by:

- Asking friends
- Asking at the library
- Asking local organisations such as schools, mosques, temples, and churches
- Asking a support worker
- Asking your housing case worker
- Looking on the NHS Choices website - www.nhs.uk

Registering with a doctor

Ask to register at the GP reception. Show this leaflet and they will ask you to fill in a registration form. Ask for help with filling in the form if needed and return it to the GP reception.

Help with filling in the form

Local organisations that support asylum seekers, refugees and migrants may be able to help you fill in the GMS 1 form or local registration form.

If you can’t get help, tell the GP receptionist. Ask them to book an interpreter who can help you fill in the form so you can register.

- If you prefer, you can ask to see a female GP (if available). If not, ask the receptionist for a female chaperone.
- You can expect to be treated politely and with dignity.
- The GP and staff will expect you to treat them politely.
- You can ask for help if you feel they don’t understand your needs.
- You can ask to discuss your health issues and personal details in a quiet and confidential place at the GP surgery.
- Your details should always be kept confidential and safe by the GP.
Help if you are refused registration

Ask the GP receptionist to write the reason why they cannot register you in the box overleaf. If you do not live in the catchment area or the GP already has too many patients, they can refuse to register you. If you are refused registration because you do not have proof of address, identification or because of your immigration status, a volunteer or friend could advocate on your behalf. If the GP practice still refuses to register you, ask a volunteer, friend or caseworker to liaise on your behalf with your NHS England office by sharing the completed form with them.

You can make a complaint
By email: england.contactus@nhs.net (for the attention of the complaints manager in subject line).
By post: NHS England, P.O. Box 16738, Redditch, B97 9PT.
By phone: 0300 311 2233 (Telephone Interpreter Service available).

For further information
You may be able to get help and advice from your local Citizens Advice: www.citizensadvice.org.uk or your local Healthwatch: 0300 068 3000 www.healthwatch.co.uk

Doctors of the World Clinic Advice Line: 020 75157534. This line is open from 10am - 12 midday, Monday to Friday. Outside of this time, please email: clinic@doctorsoftheworld.org.uk www.doctorsoftheworld.org.uk

Thank you for helping to register this patient. We hope the patient was able to show you relevant documents. NHS Guidelines say ‘If a patient cannot produce any supportive documentation but states that they reside within the practice boundary then practices should accept the registration’.

There is no regulatory requirement to prove identity, address, immigration status or an NHS number in order to register as a patient and no contractual requirement for GPs to request this.

All asylum seekers and refugees and those who are homeless, overseas visitors, whether lawfully in the UK or not, are eligible to register with a GP practice even if they have to pay for NHS services outside of the GP practice.

The patient MUST be registered on application unless the practice has reasonable grounds to decline.

GP practices have limited grounds on which they can turn down an application and these are; if

- The commissioner has agreed that they can close their list to new patients.
- The patient lives outside the practice boundary.

This information can be made available in alternative formats, such as easy read or large print and may be available in alternative languages upon request. Please contact 0300 311 2233 or email england.contactus@nhs.net

NHS England Gateway Reference: 06277