## Know your rights

17 easy read fact sheets about the Mental Health Act Code of Practice

- ✔ Community Treatment Orders
- ✔ Detention
- ✔ Everyone is equal
- ✔ Guardianship
- ✔ How information about you is shared with your family, friends and carers
- ✔ Independent Mental Health Advocate (IMHA)
- ✔ Information you must be given
- ✔ Leaving the ward
- ✔ People making decisions for you
- ✔ Questions for your family to ask when you are detained
- ✔ Questions for you to ask when you are detained
- ✔ Sharing your information with professionals
- ✔ Visiting
- ✔ Your decisions and wishes in advance
- ✔ Your Nearest Relative
- ✔ Your treatment and Treatment Plan
- ✔ Code of Practice plain English glossary

www.nhs.uk/easy-mentalhealthact