What is Mouth Cancer Action Month?

Mouth Cancer Action Month is a charity campaign run by the Oral Health Foundation, which aims to raise awareness of mouth cancer and make a difference by saving thousands of lives through early detection and prevention.

Their aim throughout November will be to get more mouth cancers diagnosed at an early stage by increasing education of the risk factors and signs and symptoms while encouraging everybody to discuss them with their dental professional.

As long-time campaigners for mouth cancer, everybody at the Oral Health Foundation is passionate and committed to increasing awareness of the disease and reducing the number of lives lost to it every year.

Did you know that in the UK alone, more than 7,000 people were diagnosed with mouth cancer last year? The disease has grown by a third in the last decade and remains one of very few cancers which are predicted to increase further in the coming years, that is why Mouth Cancer Action Month is so important.

Although there are risk factors heavily linked to the disease, mouth cancer can affect anybody – that’s why it’s so important that we all know what to look out for. The campaign is all about taking action.

Don’t leave a mouth ulcer unattended for more than three weeks. Don’t ignore any unusual lumps or swellings or red and white patches in your mouth.

Early detection could save your life. If you notice any changes in your mouth please speak to a dentist or doctor immediately.

Mouth cancer takes the lives of more than 2,000 people each year in the UK, which is more than testicular and cervical cancer combined. Mouth cancer also takes more lives a year than road traffic accidents. By knowing more about the risk factors, living healthier lifestyles and by learning what to look out we can help reduce our risk and lower the number of lives that mouth cancer effects.

So if you have any concerns please contact us straight away and book an appointment to see the dentist. Also did you know that as part of your routine dental examination we check for the signs of cancer, this is just one of the important reasons you need to visit the dentist regularly.

If in doubt ....... Get it checked out!!!